

STAMP OUT STIGMA

It is the goal of Stamp Out Stigma to change perceptions and reduce the stigma of mental illness and substance use disorders by encouraging people to talk about them.



Let's reduce the stigma together.

1 IN 5

adults will have a diagnosable mental health condition every year, but **only half** will receive treatment.

46%

of Americans will meet the criteria for a diagnosable mental health condition sometime in their life, and half of those people will develop conditions **by the age of 14**.

46.3 MILLION

people aged 12 or older (**16.5%** of the U.S. population) met the applicable DSM-5 criteria for having a substance use disorder.

7 IN 10

adults (**over 50 million** Americans) who have had a mental health or substance use condition are in recovery.

